



Winners of the Trollhaugen Ski Race proudly displaying their medals.



Trollhaugen Summer and Winter

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## **President's Message - Jerry Erickson**



I extend a warm greeting to all of our District 2 Lodges and friends. Welcome to 2024 and this coming year will be a busy year being a Convention year. Lodges have been very busy performing community service activities and other events. Drive up pancake breakfasts and lutefisk dinners have done well to keep local Lodges active in the community. Zoom continues to be a vehicle for holding some meetings and events when we can't be physically together although most meetings are held in person.

We look forward now to 2024 with our Convention to be held the end of May in Coeur D'Alene Idaho, co-hosted by Harald Haarfager and Tordenskjold Lodges. I hope that many Lodges will send Delegates to the Convention as it will be a great time to gather together with Lodge members from all over the District and gain a lot of cultural and historical information along with conducting District 2 business. What makes District 2 so dynamic is what goes on at the local Lodge level. We continue to lead the way in membership at the Lodge level and I hope that 2024 will continue to grow even more.

District events this year are the Ski Race, which took place at Trollhaugen the first Saturday in February and was well attended. Those unable to attend in person had the ability to count mileage through the month of February. Border Fest will be held June 29<sup>th</sup> at the usual location in Blaine. We had very good attendance last year after a three-year break. The Steak Fry at Trollhaugen is planned for July 27<sup>th</sup> and the Golf Tournament on August 17<sup>th</sup> in Cle Elum. We are planning the Adult Heritage weekend in September.

Youth Camps are scheduled for 2024 and I know that the Youth Camp Committee is once again working hard to put together a wonderful program again this year. We hope that all three Camps will be held this year. The dates and locations will be listed under the Youth Camp Committee.

Trollhaugen has been open throughout the winter staffed by the Trollhaugen Board as there have been no caretakers. The Board has searched far and wide, but has not been able, as of yet, to hire a new caretaker. We hope that as the year goes on we can open even more for activities and staying at the Lodge. A big thank you to the Trollhaugen Board for all of the work they continue to do to keep our wonderful Lodge open and available to our members.

Jerry Erickson  
President

## Vice President's Message- Joanne Gray



It is so wonderful to finally be out of the shadow of the pandemic. Kudos to all the lodges who kept the “home fires burning” and emerged successfully. Our total membership has continued to show slow gradual growth and with all the good leadership and creative awareness, we anticipate even greater growth in the future.

The past six months have really been a time of fun and festivities. Many of our District 2 lodges celebrated the holiday season with Lutefisk/meatball dinners, torsk/cod dinners, crab feeds, bazaars and Julefest celebrations. I wish I could have attended each and every one of them. Alas, that was not possible.

Starting off the new year, we reinstated our Leadership Training/Officer Orientation program. This program was designed to provide comprehensive information to new and returning lodge leaders as well as to any interested lodge member. It also allowed our lodge members to network with other lodge members and to share ideas. Our training included a tutorial of the Sons of Norway website and was incorporated into the program to create awareness of all the resources available on the website. This feature proved to be very helpful and will likely be included in future programs. Next year we plan to expand this leadership training to more areas in the District.

We are already well into 2024 and planning our special activities for the year. The Tordenskjold and Harald Haarfager Lodges are deep in the planning of the “*Better Together*” District 2 Biennial Convention to be held in beautiful Coeur d’Alene Idaho scheduled for May 29 – June 1.

The Sons of Norway Border Fest Picnic will be held at the Peace Arch Park in Blaine Washington Saturday, June 29th, 2024. The much-anticipated Steak Fry will be July 27<sup>th</sup> at the Trollhaugen Lodge. Later in the year, the Annual Golf Tournament will be held August 17<sup>th</sup> in Cle Elum, Washington.

T-Mobile Park will be the site for Nordic Heritage Day on August 25 as they will celebrate the impact of the Nordic Community in the Pacific Northwest. Eight dollars of every ticket sold will benefit the Sons of Norway Foundation and its efforts to share and preserve Nordic heritage by providing scholarships, cultural exchange opportunities, disaster relief, and funding for community programs.

I look forward to seeing many of you at these events.

Fraternally,  
Joanne Gray  
District 2 Vice President

## Secretary's Message – James Wraalstad



It is a beautiful day, and planning for the Border Festival is underway. May is approaching and planning for the 2024 Convention is coalescing nicely. I'm supposed to be effervescing and upbeat but first...

**In memoriam:** I recently learned that Alice Bartelt, our parliamentarian at the 2022 Portland Convention had passed away. I truly enjoyed working with Alice and she touched so many lives. She will be missed by many. Sigh.

The details. The lodges need to remember to submit the "D" forms as appropriate. Refer to the D17, D18, and IRS 990 Tax Filing form.

We are actively seeking new District 2 Officers. If you aspire to run for a district office, and why not, come to the convention as a delegate. This is the first step. You don't have to sit next to me. Contact any member of the District 2 Board or the Nominating Committee to obtain an application. You can always email me directly and I will guide you through the process. We would like to vet all applicants by April to get your name into the Reports Book.

By the time you read this, the 2024 Directory will be shipping to the lodges. The 2024 Convention Reports Book will be distributed to the Convention Delegates at the Registration Desk in Coeur d'Alene along with a copy of the 2024 District 2 Directory when you check in.

I have been attending Leif Erikson lodge over the past year in addition to being the secretary of the Bothell lodge. I need to mention Able lodge and their "picnic" that Joan and I attended at their lodge. We saw lots of friends and had a great meal. Elaine did a great job.

The last convention in Coeur d'Alene was incredible and with Pamla Silk as the showrunner, the convention could not be in better hands. The District 2 Board met with Pam and Cynthia McManus at the convention site and everything looks spot on.

The wrap. I hope all of you are healthy and doing well. If you are coming to the convention, I look forward greeting you in person.

Fraternally,  
James Wraalstad  
Secretary, District 2 Sons of Norway

## Counselor's Message – Ernie Fosse



Following the 2022 District Convention in Portland, I was elected to the Office of Counselor for the District. The Counselor has two main and distinct rolls to carry out:

The first is the most obvious to Convention attendees because it is the Counselor who prepares and leads the Memorial Service at the close of District Conventions.

The second is less noticeable because it mostly involves the maintenance and dissemination of the various documents which govern our order.

In regards to the Memorial Service for the 2024 Convention in Coeur d'Alene, we have had to make a couple changes because there will be no piano available. As a substitute for piano accompaniment, the Pacific Coast Norwegian Singers have been asked, and they offered, to provide some pre-recorded music to help us sing along with gusto at this convention.

With regards to the maintenance of District governing documents, there has never been a clear path for District Members to easily access documents they may need for District Lodge processes and procedures. In an attempt to make these things more accessible, I have created a commercially-hosted website named <https://d2docs.info>. If you open this link in your web browser, you will be greeted with a screen containing three menu choices: Lodges; Officers; & Appendices.

Clicking on "Lodges" opens a Google Map with pins marking each current lodge in our district. Hovering over a pin will show the name of that Lodge and clicking that pin will show the address and meeting time for that lodge.

Clicking on "Officers" will take you to a list of PDF documents mainly describing the process for installing officers.

Clicking on "Appendices" will take you to a list of PDF documents covering the currently adopted processes governing each committee and task force of the District.

The hope is that making this information easily accessible helps each of us be more effective members of Sons of Norway District 2

Ernie Fosse  
D2 Counsellor, 2022-2024

## **Treasurer's Message – Judy Moxley**



This has been a very productive year. Last fall, with the help of Chris Hicks and many others, we went through the old Treasurer's receipts. According to the District retention schedule, we should only retain the past seven years of non-permanent receipts. So, I loaded up my truck and brought back to Spokane 11 boxes of documents, which I had shredded at a professional document disposal company. It's amazing how much room is in the storage closet at Trollhaugen now. Going forward, I am hopeful that old records will be destroyed in a timely manner.

This spring I completed the D17 for the District and the 990 EZ is already filed. This was done thanks to our great CPAs Vaughn Hagen and Sarah Hagen Trefethen for preparing earlier than required since it is not due until May 15<sup>th</sup>.

Since I won't be running for Treasurer at the Convention, I would like to express my gratitude for the district allowing me to be your Treasurer these past two years. I will miss all my friends on the current board and wish the new Treasurer much success in this important position.

## **Cultural Director's Message – Nancy Holter**



The months between the Fall Dynamic 2 and a convention are spent urging members to start/work on/ finish up their fantastic projects for the Fine Art Competition and Exhibition (FACE). It is the time to see what classes we might want to promote over the next biennium, to increase the participation in the 2026 FACE. It is a time to figure out how to fire up more interest in the Son of Norway Cultural Skills program, and how can we encourage members to participate in that program.

We have been told that a main reason people join Sons of Norway is because they want to learn about their heritage and culture, and a large part of that is skills like baking Scandinavian cookies and lefse, knitting Scandinavian sweaters, tracing their family history, or learning how to make the lovely Hardanger enhanced aprons for a bunad. Too often the desire to learn is stymied by a perceived lack of access to learning opportunities. But our lodges are packed with knowledgeable members who can mentor others – we just need to find them. Our VP has been working on compiling a new resource directory for the District, and I encourage every lodge to really think about WHO in your lodge might be a repository of cultural knowledge. That person who brings rosettes to the Jul party, that person who creates lovely Hardanger or chip carved items, someone who, maybe in the past, was part of a Scandinavian dance group... all of these people can be resources, at least for your own lodge. We need to pass these skills on to the next generations or we will lose the history and culture. And we will lose the Sons of Norway.

It's been an interesting five years as Cultural Director and I know the lodges will support the new Cultural Director just as they have supported me over the years.

Nancy Holter

## Foundation Director’s Message – Darrin Lee



The Sons of Norway Foundation mission is to celebrate Nordic culture and heritage through scholarships and grants to our members and communities. Our tagline is “Celebrating Nordic Heritage – Empowering Lives”

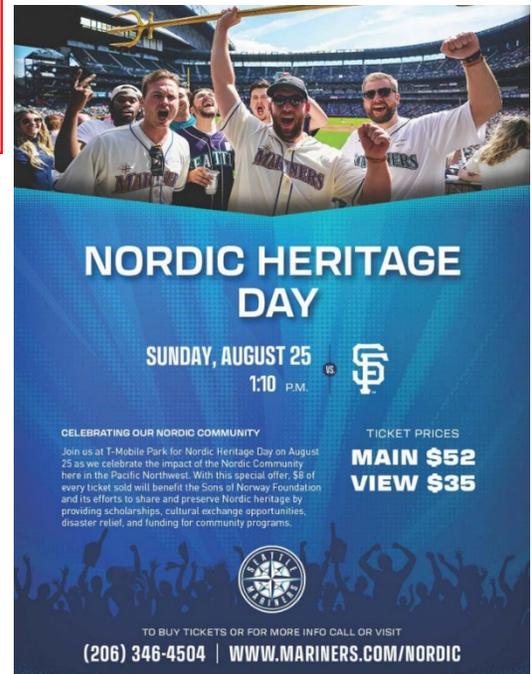


Our core values are:

- ✓ Building Nordic culture and heritage for the future
- ✓ Committing to life-long learning and service
- ✓ Demonstrating compassion for our members in need
- ✓ Sustaining the link to contemporary Norway
- ✓ Fostering a community of generosity

You can learn more here: <https://www.sofn.com/foundation/>

Hei Hei! I’m proud to be your District 2 Foundation Director as well as a Governor and Treasurer of the Foundation. On behalf of the Sons of Norway Foundation Board of Governors, I want to thank our District 2 lodges and members for their financial support during the recent 'Together We Are The Future' (TWAF) fundraiser. Overall the TWAF 2023 goal was \$185,000 and we raised \$120,000. In 2023, the below15 lodges in District 2 donated \$9,912, of which \$5,307 was donated specifically to our own District 2 Sophie Olson Memorial Scholarship fund! You can learn more about this scholarship here: <https://www.sonsofnorway2.com/scholarships/>. Be sure to attend the Mariner’s Nordic Heritage Day August 25, 2024 which \$8 for every ticket sold will benefit the Sofie Olson Memorial Scholarship fund.



Bothell Lodge 2-106	Grondahl 2-122	Sol-Land 2-086
Cascade 2-038	Harald Haarfager Lodge 2-11	Sonja 2-038
District 2-2000	Hovedstad Lodge 2-94	Thor 2-042
Elvedalen 2-129	Oslo Lodge 2-035	Tordenskjold Lodge 2-5
Fjeldheim 2-047	Roald Lodge 2-39	Wergeland Lodge 2-021

Grant and Scholarships applications are currently being reviewed and will be announced by end of May 2024. Below is a recap of previous years fundraising, grants and scholarships.

<p>"Together We Are the Future" history:</p> <ul style="list-style-type: none"> <li>• 2020 goal: \$100,000 raised \$137,000</li> <li>• 2021 goal: \$150,000 raised \$164,600</li> <li>• 2022 goal: \$175,000 raised \$195,000</li> <li>• 2023 goal: \$185,000 raised \$120,000</li> </ul>	<p>And how have our lodges and members benefited:</p> <ul style="list-style-type: none"> <li>• 2020 Lodge grants were \$27,330, scholarships were \$119,012.</li> <li>• 2021 Lodge grants were \$30,990, scholarships were \$119,767.</li> <li>• 2022 Lodge grants were \$33,329, scholarships were \$140,000.</li> <li>• 2023 Lodge grants were \$54,155, scholarships were \$190,000!</li> </ul>
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Please check out the Humanitarian Fund Grants for Disaster and Medical Relief. These grants are up to \$5,000 for members who have experienced financial loss due to property loss as a result of natural disasters or due to extreme illness or injury. Again, check out the website to learn more <https://www.sofn.com/foundation/>.

We ask members to help us celebrate and support the services that the Sons of Norway Foundation provides to members. The Foundation is here for our members in 3 ways!

<p><b>1) GRANTS</b>  <i>We provide grants to our lodges and other partners to advance our core values.</i></p>	<p><b>2) SCHOLARSHIPS</b>  <i>We provide scholarships to members and their children and grandchildren for post secondary education and cross-cultural exchanges. One scholarship makes many many years of membership well worth it!</i></p>	<p><b>3) PHILANTHROPIC GOALS</b>  <i>We provide the opportunity to leave a legacy based on your interests and passions.</i></p>
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**GRANT Opportunities:**

~\$20,000 - \$50,000 given out annually depending on applications. All due December 31st – please apply!

- Lodge Vitality Grant: Operational or small capital support for lodges, up to \$1,000
- Lodge Culture and Heritage: Focusing on Norwegian heritage and culture, lodges only, up to \$1,500
- Community Partnership: Norwegian heritage and culture, non-members only, up to \$1,000
- Helping Hands to Children: Lodges that run programs or partner with local orgs for kids, up to \$1,000
- Helping Hands to Members: Helps members affected by natural disasters or severe illness/injury, up to \$5,000

Learn more online here: <https://www.sofn.com/foundation/grants/>

**SCHOLARSHIP Opportunities:**

Applications always open in October. Start planning and encourage students and members in your lodge to apply! With the rising cost of higher education, the Sons of Norway Foundation is here to help with different scholarship opportunities. For many recipients, these awards are a life changing opportunity to explore educational passions here in the US or in Norway. Over \$100,000 awarded annually to students of all types! Learn more online here:

<https://www.sofn.com/foundation/scholarships/> You can also contact the Foundation with specific scholarship questions.

**How to Apply for a Grant or Scholarship?**

- Online only: [www.SonsofNorway.com/Foundation](http://www.SonsofNorway.com/Foundation)
- Grant and Scholarship Portal Opens: Every year in October
- Deadlines vary by opportunity – be sure to check the website often.

**Camperships**

The Foundation provides over \$10,000 annually for youth to attend Norwegian camps through the Draxten Fund & Evenson Fund. The Foundation sends funds to each District, the District makes the awards. Camps are available everywhere:

- Skogfjorden (Concordia Language Village) – District 1
- Camp Trollhaugen, Nidaros and Normanna – District 2
- Land of the Vikings – In District 3
- Trollfjorden, Bjørnetann and Trollhaugen - District 4
- Masse Moro – District 5
- Camp Norge –District 6

## How Can I Give?



Visit <https://www.sofn.com/foundation/>. By contributing to the Sons of Norway Foundation, you are supporting programs that benefit your lodge, your community, and the young Sons of Norway members who will keep our Nordic legacy strong for future generations. The Sons of Norway Foundation is a 501c3 organization. Gifts are tax deductible in accordance with state and federal law.

## How Else Can I Get Involved?

<b>1) Become a District or Lodge Foundation Director</b> <i>Be an ambassador for the Foundation's grant and scholarship recipients, help raise funds, promote the Foundation's values</i>	<b>2) Apply for the Board of Governors</b> <i>Take on a leadership role that is passionate about serving others and sharing our Nordic values</i>	<b>3) Become a scholarship or grant reviewer:</b> <i>Help the foundation make funding decisions by providing your expertise and time</i>
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## Contact the Foundation Today!

If you have any questions regarding grants, scholarships or supporting this year's campaign by donating, or if you'd like to get involved by becoming a Foundation Director for your Lodge or District, becoming a Governor or reviewer of scholarships and grants, contact your lodge Foundation Director or:

**Darrin Lee;** Foundation Director-District 2  
425-241-2392  
Email: [Sofn.d2.foundation@gmail.com](mailto:Sofn.d2.foundation@gmail.com)

**Amy (Olson) Tuchenhagen;** Director, Sons of Norway Foundation. Direct 612.821.4655  
Email: [ATuchenhagen@sofn.com](mailto:ATuchenhagen@sofn.com)

## Sports Director's Message - Laurie Berg



Spring is here and soon it will be summer!

The annual district two Golf Tournament will be on August 17<sup>th</sup>, 2024 in Cle Elum at the Sun Country Golf Course and RV park. No experience necessary. Come join us in getting our suntans on while we chase little white balls. Registration will be coming out soon. This year the banquet will not be at the golf course and will be at a restaurant/ bar in Cle Elum following the tournament.

The annual District 2 horseshoe/Kubb tournament will be held in conjunction with the annual Trollhaugen Steak Fry on July 27<sup>th</sup>, 2024. Registration will start at 9:30 am with the tournament starting at 10 am. There is a \$5 suggested donation for snacks. To get tickets to the steak fry, please contact Bill Hicks – 425-672-0194 ([hicks1015@msn.com](mailto:hicks1015@msn.com))

Last February we held the D2 Ski race at Trollhaugen. Three lodges participated and over 40 people attended the event. We also held a virtual Ski race and those that participated will be recognized at the convention in June.

Sons of Norway has a terrific sports medal program. You can earn medals for just about anything from skiing, biking, and swimming to walking, bowling, gardening and so much more. Holding competitions across lodges is a great way to get more people involved, meet other lodge members, and have tons of fun (while you kick the other lodges bums.) I have an ever-growing list of ideas for sports events like having a biking day, a lodge-wide 5k, Kubb tournaments, etc. If you need assistance, please give me a call. I am available by phone, email, or even personal invite to your lodge if planned in advance. Remember: no matter how slow you go; you are still lapping everyone on the couch. Happy exercising!

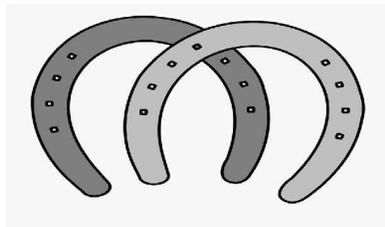
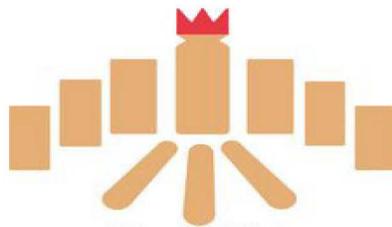
Laurie Berg  
District 2 Sports Director

## DISTRICT 2

# HORSESHOE/KUBB TOURNAMENT

HOST LODGE NEEDED

### Game on!



Yes, you read that right! Join us for a low stakes tournament that will take place the morning of the Trollhaugen Steak Fry.

Registration Starts at 9:30 AM  
Tournament Starts at 10:00 AM  
Donation of \$5 is requested for snacks.

*If you have any questions about this event, please contact Laurie Berg:*  
[laurieberg.lb@gmail.com](mailto:laurieberg.lb@gmail.com)

To get your tickets to the Steak Fry, please contact: Bill Hicks:  
Ph: (425) 672-0194  
Email: [Hicks1015@msn.com](mailto:Hicks1015@msn.com)

Stay for a night or the whole weekend,  
[Trollhau@outlook.com](mailto:Trollhau@outlook.com) to make reservation.

## July 27, 2024 Trollhaugen Lodge

Heading East on I-90 take Exit # 62 onto Stampede Pass Road.  
Turn right at stop and continue for approx. 1 mile. Driveway is on the left.  
Address: 314 Stampede Pass Road  
Easton, WA 98925

# DISTRICT TWO GOLF TOURNAMENT

**August 17, 2024**



**Sun Country Golf Course.  
Cle Elum WA**

**Hosted Lodge Needed:**

**DEADLINE TO REGISTER BY JULY 15, 2024**

**No exceptions.**

**ALL AGES  
AND  
ABILITIES**

**ADVANCE  
TICKETS**

**\$120 per player,  
including golf, cart, and  
sack lunch. Banquet will  
in Cle Elum at the Sunset  
Bar and Grill. Banquet  
not included in Golf.**

**LODGING**

**Many Hotels in the area  
and VRBO. The choice is  
yours.**

**CONTACT**

**Laurie Berg  
Laurieberg.Jb@gmail.com**

## District Two Golf Tournament Registration Form

Name: \_\_\_\_\_ Membership #: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email Address: \_\_\_\_\_  
(Will be used to send additional Info closer to Tournament)

Lodge Name: \_\_\_\_\_ Lodge #: 2-\_\_\_\_\_

Teammate Preference (if applicable – each person must fill out own registration form):

\_\_\_\_\_  
\_\_\_\_\_

Banquet following Golf at Sunset Bar and Grill: Not included in price of Tournament.

\_\_\_\_\_  
\_\_\_\_\_

Please fill out and return registration form by July 15, 2024. No refunds or registrations after July 15.  
The Golf course needs a firm number.

Bothell Sons of Norway  
Attn: Golf Tournament  
PO BOX 492  
Bothell WA 98041

With a check made payable to: District 2 Golf Tournament

More information will be emailed once registration is paid.

## Youth Director's Message - Seth Tufteland



Currently we are accepting applications for all 3 camps. WE hope to be able to hold all of them this summer. Please go to [www.sofncamps.com](http://www.sofncamps.com) to get your application today. Learn more about the camps by reading the report of the Youth Camp Committee. Our goal is to get the kids that go to camp to become involved in their local lodges along with their families. I encourage you all to send kids to camp. I also encourage you all to allow kids to participate in your local lodge activities.

The Unger Venner program is for teens/young adults ages 16 – 23. We are looking into ways to reach this age group again. Quite a few of the Unger Venner are also behind the scenes working as the staff for the Youth Camps.

I have been on staff at the Youth Camps for 24 years now and I believe it is a great environment for teaching kids about the culture and heritage of Norway and other Scandinavian countries. District 2 is fortunate to have 3 camps during the summer. Camp Trollhaugen on Stampede Pass for 13–15-year-olds, Camp Nidaros in Gearhart, Oregon for 9–12-year-olds, and Camp Normanna in Arlington, WA for 9–12-year-olds.

With the help of Camp Committee Vice Chair Melissa Rude, we now have a camp presentation that is available as both a PowerPoint and as a video that can be played at lodge functions. Please reach out for a copy. Please continue to support youth programming. There is only 1 way for the Sons of Norway to continue in the future, and that is to get younger people involved.

I am happy to provide ideas on programs you can start and use at your lodge. Just send me an email.

The dates for the Youth Camps in 2024 are as follows.

Trollhaugen: June 24 – July 7

Nidaros: July 8-July 21

Normanna: July 22- August 4

Fraternally,  
Seth Tufteland  
District 2 Youth/Unger Venner Director  
[sofnseth@yahoo.com](mailto:sofnseth@yahoo.com)

## Publicity Director's Message – Robert Kodalen



I have maxed out my time as your Publicity Director, which because of Covid is now 6 years. I hope you have enjoyed the 12 publications of the Dynamic 2 that I published. I will miss receiving your pictures for the Viking Magazine. I have always been able to submit at least 6 photos to International. As I'm sure you have noticed, not all submittals make it into the magazine. Our District 2 Website is posting some of them too.

The position of Publicity Director has been fun, for the most part, as you get to work with all the D2 lodges. I have traveled to many lodges and made many friends.

In preparing this report, I am looking over my reports from the past. There have been many changes, almost too many to mention.

What other news can I tell you? I have enjoyed presenting at the various zone seminars. There will be a Mariner Baseball "Nordic Heritage Night" event August 25th with the Seattle Mariners to benefit the SOFN Foundation, specifically District 2's Sophie/Olsen Memorial Scholarship Fund.

I am now returning to the Poulsbo Lodge Board, where I have been a member since 1983.

That's all for now. In closing, thank you for letting me be your Publicity Director.

Tusen Takk,

Rob Kodalen

District 2 Publicity Director





# NORDIC HERITAGE DAY

SUNDAY, AUGUST 25

1:10 P.M.

VS.



## CELEBRATING OUR NORDIC COMMUNITY

Join us at T-Mobile Park for Nordic Heritage Day on August 25 as we celebrate the impact of the Nordic Community here in the Pacific Northwest. With this special offer, \$8 of every ticket sold will benefit the Sons of Norway Foundation and its efforts to share and preserve Nordic heritage by providing scholarships, cultural exchange opportunities, disaster relief, and funding for community programs.

## TICKET PRICES

**MAIN \$52**  
**VIEW \$35**



TO BUY TICKETS OR FOR MORE INFO CALL OR VISIT

**(206) 346-4504 | [WWW.MARINERS.COM/NORDIC](http://WWW.MARINERS.COM/NORDIC)**

## **Zone Directors' Messages**

### **Zone 1 – Duane Esperum**



#### **Grieg Lodge 2-15, Portland, (444 members)**

##### **April 14 - Grieg Lodge Birthday Brunch! 8:30 am to Noon**

It's time for our annual Birthday Brunch and Scholarship Awards! In addition to the usual pancakes, eggs, sausages, and fruit, there will also be Au Gratin potatoes, ham/asparagus strata, and riskrem. And it wouldn't be a birthday without bløtkake (birthday cake)! Welcome Spring with this very special brunch.

##### **MAY 17 – SYTTENDE MAI CELEBRATION**

Norway's most important national holiday – May 17 (Constitution Day) – is celebrated here in Portland in a community-wide event that has been sponsored by Grieg Lodge for generations. Join us for authentic Norwegian food, dancing and national dress, Norwegian Fjord Horses, and local high school marching bands. Rain or shine, the event happens on May 17 every year.

##### **VIKING PANCAKE BREAKFASTS**

(Generally held the second Sunday of the month, except for July, August, November and December) What better way to start the day than with a plate of delicious, all-you-can eat pancakes? Our popular breakfast also includes sides of scrambled eggs, roasted sausages, fresh fruit, applesauce, orange juice, tea, and bottomless coffee – all served up with Norwegian charm.

##### **LADIES SOCIAL CLUB**

Grieg Lodge Ladies Social Club meets monthly for luncheon and a brief business meeting. A variety of social and cultural events and activities (including lefse making!) are part of the LSC tradition. All members of Grieg Lodge are automatically members of LSC, the oldest and most respected club of the lodge.

#### **Nidaros 2-16, Astoria, (101 members)**

I and several members of Sonja lodge attended the Crab Dinner hosted by Nidaros board officers and members for a delicious crab dinner and special cake and crab shaped cookies. Also attending were members from Salem, Thor lodge.

##### **Camp Nidaros for ages 9-12 located in Gearhart (near Seaside OR)**

Camp Nidaros is in Gearhart, Oregon. With a beautiful view of the beach, the campgrounds contain the main lodge building with four additional sleeping cabins. Camp activities include innovative Norwegian language class and activities, learning Norwegian songs and dances, hiking on the beach, arts and crafts, campfires and many other fun activities and games.

Visit District 2 website at [sonsofnorway2.org](http://sonsofnorway2.org) for details and camp registration. Friendship and fun abound, join us this summer! Applications are available February 14th for boys and girls aged 9-12 years old.

## **Sonja Lodge 2-38, Eugene (192 members)**

Sunday April 7<sup>th</sup>.the Norsemen singers annual Lapskaus (stew) dinner

April 17<sup>th</sup>, 9:00AM – 12:00 PM Flatbread Class

April 20, Sonja Lodge Daughters ladies group will have a Garage Sale 9:00AM – 4:00PM.

March 2<sup>nd</sup>, Viking Fest at Hoodoo Recreation Area was sponsored by Sonja lodge, we brought Norwegian culture to the mountain and sold cookies baked by members, the event was a fundraiser for Doctors without Borders in the amount of \$400.

May 17<sup>th</sup> planning is in work.

## **Roald 2-39, Klamath Falls (48 members)**

Unfortunately, I was not able to install 2024 Roald lodge officer due to the ice storm. However, I did attend their membership meeting on September 16th 2023.

## **Thor 2-42, Salem (95 members)**

I was honored to be invited to install 2024 Thor officers and enjoyed a wonderful lunch and desserts afterward. Had great fun talking with the new officers and members and friends. Along with myself, my wife Steffanie attended.

April 13 Fossegrimen, a Eugene-based five-member folk dance band, were the entertainment for the April 13 Thor Lodge meeting. Their name derives from a Scandinavian waterfall-dwelling folk creature that teaches people how to play the fiddle. They are an extremely fine music ensemble and play a variety of Nordic traditional melodies—folk tunes which have been transmitted through the years from musician to musician. They play both gammaldans music (19th century “old dances”—vals, schottis/reinlender, masurka and polka) and bygdedans music (Norwegian “village dances”—springars, gangars, polskar, and polsdans). The group includes: leaders David and Claire Elliker-Vågsberg; their son, Kurt Elliker (fiddle), Brian Wood (guitar and nyckelharpa), and Carson Krause (bass). And their dancing friends were on hand to teach authentic Nordic folk dances.

May 17<sup>th</sup> Syttende de Mai planning is in work.

## **Fjeldheim 2-47, Bend (154 members)**

No Event information.

## Zone 2 – Roberta Morrow



Zone 2 lodges have been busy through the winter and into the spring, with lots of activities coming up during the summer months.

**Normanna Lodge** in Everett is large and has a very busy schedule with their own activities as well as events scheduled for other organizations. Their popular monthly pancake breakfasts are well-attended, and I always find friends to sit with when I attend. My Daughters of Norway meets there most months of the year, and there are sometimes other events going on elsewhere in the building at the same time. Normanna allowed us to set up a special program given by Astri Bryde, visiting from Norway, a textile artist with a special interest in Viking Age textiles and crafts. She is working on her Master's thesis on textile tools from the Oseberg ship burial. We had a small but very interested crowd from our district and even from Tacoma attending.

**Fritjov Lodge** in Stanwood is buzzing along. I have trouble getting hold of people at that lodge to hear what they are doing.

**Wergeland Lodge** in Bellingham is involved with preparations for Border Fest coming up later this summer. I hope to see many of you there!

**Abel Lodge** in Conway is struggling with an old building that needs a lot of work plus a furnace that needs replacing. They are also hoping to make a library out of a room they have on their second story next to the ballroom. The great news is that they have doubled their membership in the last year! I was honored to install their newly elected officers in January and enjoyed a lovely dinner as well.

**Edmonds Lodge** in Edmonds has been struggling since COVID. Some members moved away, others transferred to a different lodge, and some we lost. The Masons, who own the building (the original Edmonds Opera House) have struggled with keeping their building in good repair, and suffered a huge flood early this year from a toilet that ran over for an unknown period of time, destroying the Green Room that was below it. The entire room was stripped to the studs, and they are currently working on replacing ancient plumbing as it is now exposed.

**Whidbey Island Nordic Lodge** in Coupeville has been busy, and they are considering adding to their building for a meeting room and some office space.

Roberta Morrow  
Zone 2 Director

## Zone 3 – Vernene Scheurer



I am happy to provide my Zone 3 Report for the D2 Newsletter.

**Leif Erikson Lodge #1** in Ballard holds their Heritage Day on March 23, 2024, from 9-3, where there will be crafts and food. Their next event is the Syttende Mai Parade on May 17<sup>th</sup> in Ballard. On the same day they will hold an open house from 1-5. They continue to host regular Kaffestuas on Wednesdays, Fridays and the first Saturday of each month. They will have a picnic on Memorial Day at Norway Park and hold a Youth Bike Ride in July. They take a break in August but will have a Pumpkin Carving and Pizza event in October. They keep a busy calendar and always have a great meal before their meetings on the 2<sup>nd</sup> Wednesday of the month.

**Bothell Lodge #106** held a successful Heritage Day in early March. They are having Corned Beef and Cabbage for dinner of their March meeting (3<sup>rd</sup> Thursday). They hold a Fiber Arts class on the second Wednesday of each month and will have their drive-through pancake breakfast (always a hit!) on the 2<sup>nd</sup> Saturday of April. They will also participate in the Syttende Mai Parade on May 17<sup>th</sup>. They kick off summer with a BBQ at their June meeting and walk with their float in the Bothell 4<sup>th</sup> of July Parade (no meeting in July). At their August meeting, they will host their Car Show and BBQ. They resume their regular monthly meetings in September.

**Cascade Lodge #87** held a great program in February on the discovery of the Kensington Rune Stone, found in western Minnesota in the early 1900's, and believed to have been transported there in the 1300's by the Vikings. They will have another interesting speaker at their April meeting (last Saturday of every other month). They plan to attend the Syttende Mai Celebration in Ballard in May and have their popular annual picnic this summer. They meet every other month at the Mercer Island United Methodist Church.

**Vesterdalen Lodge #131** has a full slate of officers this year and is planning on hosting their Nordic Fest in early May. They have a potluck before each of their meetings, thanks to busy social directors. They have had many interesting programs through the winter, including from the owner of Scandinavian Specialties and the Editor-in-Chief of the Norwegian-American Newspaper about the Norwegian Mayflower. The Sports Director has handed out Sports medals each month, including the highest Sports Program Award, the Sports Hero Award, for walking. Summer will see them in the Enumclaw 4<sup>th</sup> of July Parade, at their annual picnic on their meeting night at one of the Auburn parks in July, a break for August and back for their regular monthly meetings in September.

I have really enjoyed visiting each of the Zone 3 Lodges and getting to know many of their members, and I look forward to visiting them each as regularly as possible.

Sincerely,  
Vernene Scheurer,  
Zone 3 Director

## Zone 4 – Alisha Anunson



As always, we have been busy in Zone 4! Here are happenings from some of our lodge presidents:

Debbie Murray, President, sends, “Greetings from **Oslo Lodge, 2-035** in Bremerton. I want to share some of our lodge activities and events with you. A few of our favorite events are the Viking Dinner in honor of Leif Eriksen and our Norwegian culture. This is always a well-attended event

and is held in October. We also have one or two trivia activities during the year. Of course, our Julefest celebration, with the St. Lucia Bride, is always a favorite event at Christmastime, as is the Norwegian-American picnic held every July. We will be hosting a guest speaker in April this year, a local bicyclist who has cycled throughout Norway and will share her experience and photos. The parades are always a big highlight during the year for our Lodge, as we participate, along with our Ormen Lange float, in the local Armed Forces Day parade in Bremerton, the Viking Fest parade in Poulsbo, the Fathoms O’ Fun parade in Port Orchard and the Whaling Days parade in Silverdale. We welcome anyone from other Lodges to come and join us and bring their family and friends.”

Jeanette Silvestri (Jan), the President of **Helgeland Lodge 2-30** (aka Norse Hall), reports Helgeland Lodge will celebrate its 90<sup>th</sup> anniversary on September 7, 2024! “Our lodge currently has sixty-nine members, and our activities are as follows: Lodge meetings 1<sup>st</sup> Wednesday of every month at 7 PM; the second Saturday of every month, we host a community Bingo at the Norse Hall at 6 PM; June 21<sup>st</sup> and 22<sup>nd</sup> pulled pork lunch served at Norse Hall during the annual Puget Island Garage & Yard Sale aka PIGYS; July 20<sup>th</sup> Bald Eagle Parade and Booth; August 15<sup>th</sup> thru 17<sup>th</sup> Wahkiakum County Fair Booth; Mid-August Annual multi lodge picnic co-chaired with Bredablick Lodge 2-27 (Kelso) at the Norse Hall; November and December baking and sales of Hardanger Lefse and Scandinavian pastries and December 1<sup>st</sup> Norse Hall Children Christmas Party.”



Paul Anunson from Grieg Hall **Poulsbo 2-44** writes: “Poulsbo Lodge, in its 108th year, has many things to be thankful for. We are able to host groups that sing, craft, carve, cook, dance, and speak in Norwegian style. Members love our Friday Night Dinners prepared by a different member crew every week. Our Viking auxiliary has close to 150 members and does quarterly bonfires for the community as well as being town ambassadors to aid in commerce, fun, and an occasional photo shoot with a wedding party. The Leikarringen youth dancers have over 100 kids practicing weekly and will perform in various locations in Vancouver and Washington, including Columbia Lodge #58 this month. The lodge is preparing to be immersed in Viking Fest, which is held each year around Syttende Mai with a parade, carnival rides and food. Our bar holds a beer garden, which is a good income source and membership drive for the lodge. In June, we put on a midsummer celebration with a Maistang pole and Viking bonfire.”

## Zone 5 – Cindy McManus



As Zone 5 Director I have been curious to see how my eight lodges are doing in membership in the past 10 years and also since covid. I know covid took a toll on many things including how we socialize etc. the following are my findings.

	2014	2022	2023	2024	Gain/Loss % in past 2 years
Tordenskjold #005	247	163	167	169	.04% gain
Harald Haarfager #011	95	91	105	118	.23% gain
Odin #041	78	72	70	71	.02% loss
Columbia Basin #080	42	28	27	22	.14% loss
Sol-Land #086	106	82	75	73	.12% loss
Epleдалen #096	40	30	21	31	.04% gain
Grondahl #122	81	56	64	78	.20% gain
Elvedalen #129	53	47	44	46	.02% loss

Harald Haarfager is the only lodge with a gain of membership since 2014. Four lodges have had gains while four lodges have had losses. In the past year, 6 lodges have had gains in membership. Congratulations to these presidents who have led their lodges to gains in membership by leading in a vital manor. I wish all lodges success in the coming years. Sending delegates to the 2024 District2 Convention, attending workshops and zone seminars and reaching out for assistance are great ways to attain greatness for your lodges.

**Tordenskjold Lodge #005** – will sail the Viking 1 in the St. Patrick’s Day Parade on Saturday March 16<sup>th</sup>. Rosemaling and Viking Knit Bracelet classes were held on Feb. 17<sup>th</sup> and they also had a hockey game raid that evening. November 2023 they held their annual Lutefisk Dinner with great success. I was honored to install their new slate of Officers in December at their Jul Party. The Audubon Elementary School was given a lefse demonstration with lefse to eat as well. Their Adopt a Highway Program is always ongoing weather permitting.

**Harald Haarfager Lodge #011** – This lodge is easy to report on as I am currently the Lodge Social Director. We held a Salmon Dinner last October, a Lutefisk & Meatball Dinner in November and a Jul Party in December 2023. January 2024 we had a 114<sup>th</sup> Anniversary Luncheon and gave anniversary pins to 20 members. Our lodge donated over \$6000.00 to charities and gave \$800.00 to Foundation in 2023. In February we held a Craft and Cultural Fair that was a big hit in the community. We had the largest attendance we have ever had and the fair seems to be better every year we have it. March 16<sup>th</sup> we are having our annual Norwegian Waffle Breakfast with proceeds going to Foundation. We continue to do our Adopt a Highway project and as soon as the weather permits, we will pick up bags of trash on our local highway. Together with Tordenskjold Lodge,

Daughters of Norway Freya Lodge, Vasa North Star and the Finlandia we co-sponsored a Fall Folk Festival last November in Spokane. It is awesome to come together with other groups to put on a successful event.

**Odin Lodge #041** – I attended their annual Lutefisk Dinner last November. It was very well attended and they had delicious goodies for sale at their bake sale. It is awesome to see lodges carry on with these dinners. I believe they are the only ones in the Yakima area that does a dinner like this with such a large attendance.

**Columbia Basin Lodge #080** They sailed their Viking ship in the Odessa Deutschesfest 2023 Parade.

**Sol-Land Lodge #086** – They had a bake sale in November and had a pot luck at their Jul Party. January 19<sup>th</sup> they held their Officer Installation. Ginger Fields will be giving a Kransekake Class on March 20<sup>th</sup> and they will be viewing the Movie Lutefisk Wars on April 26<sup>th</sup>.

**Epleдалen Lodge #096** – Leonard Anderson is once again the President of this lodge.

**Grondal Lodge # 122** - They invited me to attend a meeting last September but unfortunately it was the same day that I was to be at Trollhaugen for a District 2 Fall Board Meeting. Two members of their lodge traveled to Norway and shared their experiences and photos of their trip.

**Elvedalen Lodge # 129** – This lodge will be having a 29<sup>th</sup> Annual Scandinavian Breakfast and Nordic Marketplace March 23<sup>rd</sup> in Clarkston, by the advertising they did, it looks like an awesome event to attend.

Tordenskjold and Harald Haarfager lodges have been working diligently together for the 2024 District 2 Convention to be held in Coeur D'Alene, Idaho May 29<sup>th</sup> through June 1<sup>st</sup>. I urge all lodges to send delegates and participate in all the functions. This project has really built a friendship between the 2 lodges and I highly recommend doing joint projects with others when ever possible. The learning and sharing never ends!

Fraternally,  
Cindy McManus  
Director Zone 5

## Zone 6 - Sally Dwyer



Spring is slowly returning its sunny face to Alaska after a long and snowy winter. The lodges are gearing up for the Syttende Mai celebrations, luncheons and parades! Time to shine up the solje, try on the bunads and bake those cookies with *butter and love*.

One of the highlights of 2023 was the visitation to my lodge of the 10-D2 board members who came to the island and held an info seminar. It was a great visit *including* going out on a fishing boat to get glacier ice, catered dinner at the Elks where they learned about Krumkake shots, a visit by our local Vikings and Valkyries in full furs, tattoos and smiles who came to join us for lunch and a surprise for the coffee break was 12 members of the Leikarringen dancers in our Petersburg bunads who performed several dances for the board members. All took photo ops in and beside our 36' Viking ship, the Valhalla. It was built in New Jersey for the 1976 Bicentennial Tall Ships parade in New York Harbor, purchased by our town in 1978. Had it trucked across America-what a sight to see!

I am new in this position since fall 2023, but have been Z6 several other times so hope all will work out. I have made contact via a letter introducing myself to the 5 lodges and noted hopes for the rest of the term and convention/Alaska Night. I have followed up with emails when I could find ones that worked. Not getting much response yet, but have my fingers crossed that will change soon. Many Alaskans live the winter months in warmer areas and are just now heading home.

Z6-Alaska is suffering the same fate of other zones/lodges with the aging of our membership and the lack of younger people/families joining. We lost Island Viking in Kodiak for that very reason in November. They were an energetic and innovative bunch for many years. They hosted the community wide Foreign Film festival for many years. One of my favorite things they also did was that each month of the year the lodge selected a local non-profit or charity to donate to. It might be \$\$ or time spent helping or contributions of another sort. They will be missed in the Kodiak area. We wish them all well.

Have you been wondering what a Krumkake Shot is since I mentioned it above? Well, see me at the Alaska night happy hour and I will give you a card with the recipe.

Fraternally,  
Sally Norheim Dwyer  
D2-Zone 6 Director



## International Board Director's Message – Chris Hicks



Greetings Members,

It is that time of year again that we should all be thinking about conventions and the delegates from your lodge that you will be sending. By the time you read this, lodges should have chosen their delegates and names should have been sent off to our district secretary for processing.

Not only is there business to conduct at our conventions, but it is also a great opportunity for lodge delegates to network with each other, to help each other out with creative ideas to help our lodge expand and offer your members new activities.

There have been a number of governance changes over the past couple of years, but the District will still elect new district officers at the convention, that has not changed. Also resolutions brought forward from the lodges, if passed at the district conventions, will be passed on to the International Board of Directors for consideration.

Membership is always a huge part of our lodges and it's important we use all the tools available to us. Many of you know that each district has a 999 lodge "Spirit of the Century" that is for people that join online that don't know about a local lodge or no one has contacted them about one. Your lodge Vice President should be working with our District Vice President Joanne, to see if there's members in that "Spirit of the Century" lodge that are near your lodge that would like to join in your activities.

Sons of Norway was founded in 1895 when 18 Norwegian immigrants came together to establish a mutual assistance organization that has grown into the largest Norwegian cultural organization in the world. Driven to find a solution to financial hardships that many Norwegian-American families faced due to the onset of the economic depression.

Our members, family and friends still face some of that uncertainty today, and Sons of Norway is still there for them.

We still have financial products to help support your families into the future. In January we rolled out a new product called "Legacy Sure". Talk to your Insurance Professional today and see if it is right for you. Even in a few short months it has created a buzz.

In January we had a very successful New (& returning) Lodge Officer training at Norden lodge in Tacoma, that several lodges and officers attended. Joanne, Jerry, and I were very pleased with the turn out and participation.

If there is interest, we are happy to do them again in the late fall or yearly part of the year to set your officers up for success. Contact Joanne.

I still get questions about paying your dues with a credit card and yes, it is possible.

### **When renewing your dues ...**

Due to a recent change in credit card processing services, **Home office is no longer able to process credit card payments over the phone.**

The member may pay via credit card on the website or by mailing a check to the remittance address on the bill. We cannot take credit card numbers over the phone.

Fraternally,

Chris Hicks

District 2 International Director

## International Board Vice Chair's Message – Mark Agerter



Dear friends and members of Sons of Norway District Two:

I have a different type of message to share with you for this issue of the Dynamic Two. I am sorry to say that due to issues of health within our family I have had to make the difficult choice to resign my position as Vice Chair of the International Board. The nature of the issue is such that it has required changes to our routines, schedules, and nearly every element of daily life, making it impossible for me to continue to devote the time and energy necessary to do my job properly.

That being said I would like to add that Regina and I have thoroughly enjoyed the times we have spent doing the business of and for Sons of Norway. We share fond memories of our many conventions, working as camp directors at Camp Nidaros, taking on the responsibilities as members of the Camp Committee, then as officers of the District and ultimately the International Board. We have made so many friends throughout the organization and that has been a wonderful blessing. Yes, we have attended innumerable meetings but within those has been a strong fraternal element that makes all the work worthwhile.

I am proud to say that much has been accomplished in the past twenty-five years since we first agreed to work at camp. There have been many changes, and there will likely be more in the future. But Sons of Norway is still Sons of Norway and that has not changed. It still celebrates our common heritage, which is the tie that binds. It supports our lodges and families and provides so much in the way of education and enjoyment through the programs that are available for our lodges and ourselves. I hope you will join me in continuing to support this incredible organization that we all know and love.

Thanks to all for your ongoing service and contributions to our lodges, the District, and Sons of Norway.

Fraternally,  
Mark Agerter



**TUBFRIM**  
NO-3540 NESBYEN - NORGE



Thank you to all the lodges that have collected stamps for Tubfrim. I have been asked if District 2 is still collecting stamps. The answer is YES. So please continue to collect them and bring them to the District 2 Convention this year. There will be a drawing again. Every pound of cut stamps gets an entry so please include the name and number of the lodge, phone number and the name of the person who prepared the stamps. The drawing is for \$1000.00. \$500 will go to the lodge and \$500 will go the lodge member who did the trimming. If only the lodge is listed the lodge will get the \$1000.00. This is only for lodges and members in District 2. Forever stamps are acceptable. As a reminder the stamps should be trimmed with a ½ inch margin. And.....don't forget the lodge name. I have many pounds of stamps without that information. Stamps can be mailed to Bothell Lodge, PO Box 492, Bothell Wa, 98041 or taken to the convention to be eligible for the drawing. Please see Chris Hicks, International Lodge Director for District 2, at the Convention. Please call Laurie Beach at 425-736-0555 or email at [beachplace21@comcast.net](mailto:beachplace21@comcast.net) if you have any questions.

Here is an article I recently found regarding Tubfrim's history.

## TUBFRIM helps those in need

PUBLISHED OCTOBER 10, 2021 · UPDATED FEBRUARY 9, 2024

M. MICHAEL BRADY

Asker, Norway

In 1928, in Nesbyen in Hallingdal in Viken County, Norway, postmaster Ditlef Frantzen established Tuberkulosearbeidets Frimerkeforretning (literally "Tuberculosis work's postage stamp business"), abbreviated TUBFRIM. Its task was to collect and sell used postage stamps with the proceeds going to aid the eradication of tuberculosis among Norwegian children. In 1929, the organization showed its first profit of NOK 1500. Since then, profits have risen steadily, in all adding up to NOK 23 million.

Today, the charity is owned by Nasjonalforeningen for folkehelsen ("National Society for Public Health"). It collects and sells telephone cards in addition to postage stamps, and its profits are used to help children and young people with disabilities and handicaps, in addition to those with serious illnesses.

TUBFRIM is still located in Nesbyen, where it was founded.

## **District 2 Youth Camps – Chris Hicks**

It is that time of year to sign up your campers for the summer!

District 2 youth Camps are back ready to host campers again this year.

We are slowly gaining our numbers back and the staff is working hard to plan fun and exciting activities for all 3 Youth Camps.

The dates for the Youth Camps in 2024 are as follows:

Trollhaugen: (ages 13-15) June 23 – July 6

Nidaros: (ages 9-12) July 7 -July 20

Normanna: (ages 9-12) July 21- August 3

You can download an application by going to the District 2 website [Sons of Norway District 2 \(sonsofnorwayd2.org\)](https://sonsofnorwaydistrict2.org) or camp website [Sons of Norway District 2 Youth Camps \(sofncamps.com\)](https://sonsofnorwaydistrict2youthcamps.com).

We continue supporting the Sofie Olson Scholarship Fund by selling the Norwegian flag state stickers and camp T-shirt design decals. Contact one of the Camp Committee or attend a final program to get yours.

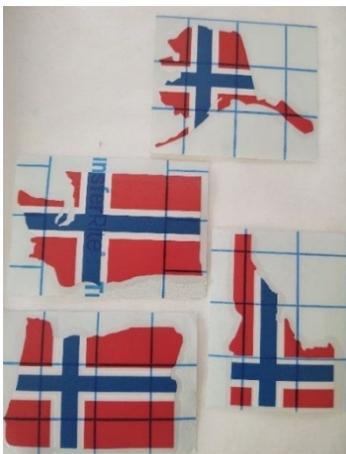
If you are interested in working at any of our camps or would like more information, please let us know. You can email the Camp Committee at [sofncamps@gmail.com](mailto:sofncamps@gmail.com)

Chris Hicks  
Camp Committee Chair

## **Sofie–Olson Camper Scholarship**

**State Stickers \$5.00**

**Washington-Oregon-Idaho-Alaska**



Support District 2 campers &  
show your Norwegian Pride

## **District 2 Scholarship Committee**

The Carl M. Saltveit Scholarship is awarded annually and covers the tuition, room, and board to attend the International Summer School at the University of Oslo. This is a permanent fund that is named to honor and remember Carl M. Saltveit Sr. who was a member of Grieg Lodge #2-015 in Portland, OR and former International Director.

We currently have applications that the Scholarship Committee are processing. Please encourage your members to apply for this in the future. There is no age restriction. You must have completed 1 year of college and provide transcripts as proof.

Our District has the Sofie/Olson Memorial Camp Scholarship. This scholarship is named after Sherrie Sofie and Bernice Olson, district officers, both of whom passed away while in office. The Sofie/Olson Scholarship Fund is a dedicated fund in which the principal from donations is left intact and only the interest used to for Camp scholarships.

It is the intent of the District 2 Board to actively renew our efforts to increase donations to this fund to provide a greater number of scholarships for our campers. We welcome contributions from Lodges and individual members. Your contribution to this fund is deductible under the IRS tax code relative to 501(c)(8) Fraternal Benefit Society, which states in section 170(c)(4) in part, "contributions by any individual (are deductible) if they are to be used exclusively for educational purposes."

Donors can contribute to the Sophie Olson fund by clicking the Sons of Norway Foundation's website's "Donate Now" button at <https://www.sofn.com/foundation/> and adding "Sophie Olson Fund" in the comments. Donors can also mail checks addressed to the **Sons of Norway Foundation** with "Sophie Olson Fund" in the memo to **1455 W. Lake St. Minneapolis, MN 55408**

Our goal is to award a minimum of 3 scholarships each year, one to each of the Youth Camps (Camp Nidaros, Camp Normanna, and Camp Trollhaugen). This fund is now being held at the Foundation as it will be giving us a higher interest return allowing for more scholarships to be awarded. The Scholarship is still administered by the District 2 Scholarship Committee. We are selling Norwegian flag state stickers as a fundraiser. These will be available at most District 2 events at the cost of \$5 each. 100% of that goes directly to the principal of the fund. They can be purchased from the District Youth Director.

District 2 also uses the Draxten Memorial Scholarship Fund which was established by the late Nina Draxten of Minneapolis in memory of her father, Bersvend Draxten, the first President of Sons of Norway. This fund is set up as a matching fund and can only be used to assist campers who have received a scholarship from their local lodge. The Draxten Fund can grant up to, but not to exceed, the amount awarded by the local lodge. These funds are managed by International Sons of Norway and distributed by the District Scholarship Chair.

It is a pleasure to serve on this committee and to award these scholarships to the deserving young people of our District.

All District Scholarship guidelines and applications will be sent out to lodge secretaries and district officers in the first part of November. They will be sent out again in January. Please ask your lodge to announce them.

Fraternally,

Seth Tufteland, Chairman, Ingrid Hueneke, Jane Bueing

## Trollhaugen



Trollhaugen has had a busy winter with members and ski for light enjoying the snow. The board has gone above and beyond keeping the place filled and keeping it clean and ready for the next weekend of guests. And yes, we are still looking for caretakers. If you know someone who would like the positions, please send them our way.

If you are more of the late spring, no snowcat required, your time is coming. We will once again be able to drive up to the lodge in late April or early May. Great time to see waterfalls and spring flowers during the frosty mornings.

As we plan for the sunny weather, we are also working on bunkbed designs. We have had donations given to build new bunkbeds and ever since the first donations we have been designing and redesigning. We are hoping to start this project this year.

Remember Trollhaugen is a great place to have a wedding, a family reunion, a lodge outing, and the list goes on.

Our next work party is June 8th. This is a fine time to come up and see what the board does to un-winterize the lodge. Many hands make quick work. If you would like to come and spend the night, please email [trollhau@outlook.com](mailto:trollhau@outlook.com). By the way our esteemed International Officer Chris Hicks keeps our reservations running smoothly. Mange Takk.

Steak Fry / Salmon dinner is around the bend, July 27 to be precise. Please buy your tickets early so we can plan for a fabulous day in the mountains. Bill Hicks is our reservation guy for the dinner at [hicks1015@msn.com](mailto:hicks1015@msn.com).

Well as bugs bunny says "That's All Folks"

Fraternally,

Erick A. Balstad

# Trollhaugen

Annual Steak Fry or Salmon

Saturday  
July 27, 2024



Come and participate in the Family and group activities we are planning for the day. All activities will start at 10:00 AM.

District 2 invites you to a Horseshoe and Kubb tournament Starting at 10 AM more to come.

Come and be part of a great experience and enjoy an excellent dinner.

When ordering please specify whether you would like steak or salmon.  
Hotdog kids meal for \$5.00

Come for the day and enjoy your recreation lodge

Happy Hour (BYOB) 2:30pm

Dinner is 3:30pm

Tickets are \$35.00

Reservation deadline: **14 July 2024**

For dinner reservations: **Contact Bill Hicks (425) 672-0194** or e-mail at:

[Hicks1015@msn.com](mailto:Hicks1015@msn.com)

For overnight reservation

e-mail [Trollhau@outlook.com](mailto:Trollhau@outlook.com)

## **Website for District 2 [www.sonsofnorwayd2.org](http://www.sonsofnorwayd2.org)**



As a reminder, events that are posted on the Events page are District 2 sponsored events or events that are in the community. We ask that lodges post their events on their own websites.

On the Lodges page we have been posting pictures of the Lodges. If you have a lodge picture that you would like to submit, please send to [joaniecw@outlook.com](mailto:joaniecw@outlook.com).

If you have any questions, please contact Joan Wraalstad, Website Content Manager, [joaniecw@outlook.com](mailto:joaniecw@outlook.com).

### **Border Festival**

The Border Festival will be held on a SATURDAY, June 29th this year.

The building in the park is being reroofed and so is not available for the month of July. Also there were no Sundays available.

Lunch is set for noon which is potluck with some extra to share with your table mates. All desserts are to be put in the kitchen where everyone can choose what they want. Coffee is furnished, other beverages are up to you. Bring utensils, plates etc.

At 1:00 p.m. the flags of the 3 Nordic countries will be brought in and the national anthems sung.

Raffle tickets will be drawn for prizes ranging from \$00- \$100.00.

Entertainment will be from British Columbia. Ed Fyre is part of a band and will be singing and playing guitar. He may have a companion.

The Viking Club Skogs Trollena Stamme will provide entertainment at 11:00 a.m.

Candidates for prince/king; princess/queen are open to lodges. See Border Festival By-Laws for further information.

Treasurer Vaughn Hagen will have tickets to hand/send out to lodges. These tickets are to be sold to lodge members. Ticket sales help defray the expenses of the Border Festival.

Hope to see many of you on June 29.

Elaine Grasdock  
President



**District Two  
United States**

# **SONS OF NORWAY BORDER FESTIVAL PICNIC**



**District Seven  
British Columbia**



**Peace Arch Park, Blaine Washington**

**Saturday, June 29th, 2024**

**Lunch at 12:00 noon, Coffee provided.**

**Bring a lunch for yourself with utensils and beverages (other than coffee) and a dessert with serving utensils to share with all lodges.**

**Program begins at 1:00 and includes:**

**Flag salute and national anthems.**

**Raffle drawings, royalty contest and entertainment.**

**Skogs Trollena Stamme will be in attendance.**

**Optional: Lawn chair, sun glasses, hat and umbrella**

**Parking: Washington State Parks Dept charges**

**\$10.00 for one day or requires a**

**Discover Pass (\$30.00) to use the parking lot.**

**Handicapped parking is free.**

## **Information Contact**

**Elaine Grasdock viking1kg@gmail.com (360) 982-2965**

**Susan Strang sstrang49@gmail.com (604) 291-1664**



## The Scandinavian Hour Radio Program

Since 1961, the weekly Scandinavian Hour radio program has been broadcast on the airwaves in Seattle, WA and has not missed a week. It has had the same host, Doug Warne, from 1961 to 2020. Since 2020, Seth Tufteland has been the host and producer of this program. Bringing you music, news, and interviews from all the Nordic countries, the Scandinavian Hour has been a staple for the Nordic community in the Puget Sound area. We also include a monthly events bulletin for our Scandinavian Hour associates/partners. Scandinavian Hour Associate Partners are clubs and organizations who donate \$200 or more to the program for the year. The benefits include unlimited advertising of their events on our monthly bulletin board, a history of your group vignette, a membership drive advertisement, and an opportunity to co-host a show. We also have regular advertising at \$50 a week for a 105-word ad. We are now able to expand beyond the borders of Puget Sound by streaming live online. Broadcasting on KKNW 1150AM in Bellevue, WA from 9am-10am Pacific Time every Saturday morning and re-aired at 6am Pacific Time both Saturday and Sunday mornings. You can stream online from our website [www.thescandinavianhour.org](http://www.thescandinavianhour.org) from anywhere in the world. We have regular listeners from all over the US, Canada, and Scandinavia.

If your Lodge or group is interested in advertising or becoming a Scandinavian Hour Associate Partner, contact Seth Tufteland at [scanhourkknw@outlook.com](mailto:scanhourkknw@outlook.com).

Let your friends and family know about this radio program too! Our website features an archive of interviews, book reviews, vignettes, and bulletin board features. Find us at [www.thescandinavianhour.org](http://www.thescandinavianhour.org).

Seth Tufteland  
Host/Producer  
The Scandinavian Hour  
KKNW 1150AM



**The Scandinavian Hour**  
with your host  
**Seth Tufteland**

**Saturday & Sunday 6:00-7:00am, Saturday 9:00-10am**

Stream us online at <https://1150kknw.com/listen-online>  
Visit our website at [www.thescandinavianhour.org](http://www.thescandinavianhour.org)

*Music, News, & Interviews for the Scandinavian Community*

## **Ski For Light - Puget Sound**

As I am composing this, we still have two more outings (March 9th and 23rd) remaining on our 2024 ski season providing Mother Nature continues to serve us snow. This year's skiing so far was barely okay. The tracks were shallow, the snow was crispy and icy in the morning, a bit slushy in the afternoon. Due to lack of snow, we are literally taking outing by outing. Hoping the snow will hold until end of March is way too much to ask for at this point; then again, Mother Nature can surprise us, too!

Besides canceling our first one, we also had to cancel the Methow Valley Event that we were so looking forward to go back to! All they are seeing over there was rain, rain, rain and more rain!

We were supposed to have six new skiers but only one showed up. We were expecting two new guides but four showed up! We also have a returned skier and a returned guide after 9 years of absence for both of them.

One of our skiers was selected by the SFL US International to represent the US team at the Ridderrenn. Sheri Richardson will be heading to Norway on March 7 and after a week of skiing and celebrating Ridderrenn's 60th anniversary, she will be spending few extra days touring Norway before heading home. We are all excited for Sheri and envied her big time!

The 2025 schedule is as follows:

January 4  
January 18  
February 8  
February 22  
March 8  
March 22

Deng Kong  
President, SFLPS

[skiforlightpugetsound@gmail.com](mailto:skiforlightpugetsound@gmail.com)

## District 2 Convention 2024 – “Better Together”



The District 2 convention is coming up and we know that many of you have delegates that are planning to attend. One of the great things about the convention is networking with the other lodges and being able to come up with some new inventive ideas to help your lodge and to share some of the ideas that you've had with others. The slogan is “Better Together” and the logo is our traditional woven red and white heart, which will also serve as the paddle design! The woven heart showcases that, working together as members in a lodge; lodges with other lodges, zones, or District 2; and

throughout the rest of Sons of Norway; we will be better equipped to navigate challenges, celebrate our successes and grow to sail smoothly into the future. Zone 5 Lodges, Tordenskjold and Harald Haarfager, coming together to bid for, win and host the 2024 Convention is an example of “Better Together”.

The 2024 Convention will be held in Coeur D’Alene, Idaho which is about 35 miles east of Spokane, Washington. The Coeur d’Alene area is surrounded by dozens of lakes left behind by the glaciers from the ice age. There are more than 55 lakes within easy driving distance of Coeur d’Alene, but none more scenic and fuller of activities than Lake Coeur D’Alene itself. There is something magical about the town and Lake Coeur d’Alene that’s hard to define. The perfect setting to hold our 2024 Convention.



Specifically, the 2024 Convention will kick off with the Presidents Dinner May 29th and will end with our final Celebration Banquet on June 1<sup>st</sup>. Accommodation and convention meetings will be held at the Coeur D’Alene Inn located conveniently off of I-90; 506 W Appleway Ave, Coeur d’Alene, ID 83814.



Thursday night will be an evening Viking Voyage Dinner Cruise on the “Mish-An-Nock” boat on Lake Coeur d’Alene.

If you have any questions or just want to share your excitement, the convention email is [sofn2024conv@gmail.com](mailto:sofn2024conv@gmail.com). You can also keep updated on the 2024 Convention on our District 2 website here: <https://www.sonsofnorway2.com/convention/>

## Convention Fine Arts Competition and Exhibition (FACE) - Calling All Artists!

At each biennial convention, the host lodge sponsors a room for a cultural exhibit. This exhibit is in two parts: those who are submitting their artworks in competition in hopes of winning a ribbon and those who have created works and wish simply to show them. The competition is for items made in the last two years in the following categories, produced by one of four classes of exhibitors (children or grandchildren of lodge members who are 15 and under, youth 16 to 20, and adults, either Professional or Amateur).



### Categories:

1. Rosemaling
2. Weaving (Norwegian design)
3. Hardanger embroidery
4. Needlework (Klosterson & Diamantsom and traditional needle work with a Norwegian theme)
5. Hand knitting (Norwegian theme)
6. Crocheting and tatting
7. Figure carving (Norwegian motif)
8. Relief carving (Norwegian motif)
9. Chip carving
10. Bentwood
11. Other hand crafts (Norwegian motif)
12. Other media, including but not limited to photography, with a Norwegian theme or motif.

In each category and class, first, second and third place ribbons will be awarded, as well as additional awards for Best of Show and People's Choice.

### Important Dates:

- ✓ **May 5** is the last day for submission of the paperwork (email preferred) to: Lois McKinnell (sofnspokanecultural@gmail.com) If you do not have access to email, you may send printed forms to: Lois McKinnell, PO Box 18684, Spokane, WA 99228
- ✓ **May 29**, Wed, 1 to 5 pm, Bring material to the Best Western Coeur d'Alene Inn, Idaho South room.
- ✓ **June 1**, Sat, Pick up material at the end of the convention from Noon to 2pm (no later).

### Information or Forms You'll Need:

- Guidelines for Folk Art Competition/Exhibition Form: <https://norsehall.org/wp-content/uploads/Forms-Letters/Guidelines-for-Folk-Art-Exhibition-Competition.pdf>
- Entry Form (limit two pieces of work per category) <https://norsehall.org/wp-content/uploads/Forms-Letters/Entry-Form.pdf>
- Identification Labels (two to a page) <https://norsehall.org/wp-content/uploads/Forms-Letters/Identification-Label.pdf>
- Waiver of Responsibility (we will not accept work without a copy of this form, signed by the artist) <https://norsehall.org/wp-content/uploads/Forms-Letters/Waiver-of-Responsibility.pdf>

For More Information, contact the Convention Cultural Director Lois McKinnell ([sofnspokanecultural@gmail.com](mailto:sofnspokanecultural@gmail.com)). For more details and to download the forms, please see the District 2 website, <https://www.sonsofnorway2.com/2024-convention-folk-art/>

One last note about cultural 'events' at the convention. There will be genealogical help available, courtesy of Greg Holter, Sol-Land Lodge. Many of you have discussed your ancestors with him. For more info, check out the page on the convention website: <https://www.sonsofnorway2.com/genealogy/>

## District 2 Board Members, June 2022 – June 2024

### **President**

Gerald Erickson  
Home: (360) 692-1664  
Cell: (360) 813-4423  
Email: [jerry.sond2@wavecable.com](mailto:jerry.sond2@wavecable.com)

### **Vice President**

Joanne Gray  
(360) 259-0924  
Email: [joanne@moholtusa.com](mailto:joanne@moholtusa.com)

### **Secretary**

James Wraalstad  
(206) 963-8200  
Email: [jmwraalstad@outlook.com](mailto:jmwraalstad@outlook.com)

### **Treasurer**

Judy Moxley  
Cell (509) 990-1470  
Home (509) 467-4759  
Email: [judymox02@gmail.com](mailto:judymox02@gmail.com)

### **Counselor**

Ernie Fosse  
(509) 990-1470  
Email: [ernie@cedarcomm.com](mailto:ernie@cedarcomm.com)

### **Publicity Director**

Rob Kodalen  
(360) 710-0167  
Email: [publicity.d2@gmail.com](mailto:publicity.d2@gmail.com)

### **Cultural/Social Director**

Nancy Holter  
Home: (509) 375-0919  
Cell (509) 948-2684  
Email: [d2.cultural@gmail.com](mailto:d2.cultural@gmail.com)

### **Youth Director**

Seth Tufteland  
(206) 605-4112  
Email: [sofnseth@yahoo.com](mailto:sofnseth@yahoo.com)

### **Sports Director**

Laurie Berg  
(206) 235-5558  
Email: [laurieberg.lb@gmail.com](mailto:laurieberg.lb@gmail.com)

### **Foundation Director**

Darrin Lee  
(425) 241-2392  
Email: [Sofn.d2.Foundation@gmail.com](mailto:Sofn.d2.Foundation@gmail.com)

### **Director Zone 1**

Duane Esperum  
(206) 501-1020  
Email: [zone1D2sofn@gmail.com](mailto:zone1D2sofn@gmail.com)



### **Director Zone 2**

Roberta Morrow  
(425) 921-0302  
Email: [birdeekay@gmail.com](mailto:birdeekay@gmail.com)

### **Director Zone 3**

Vernene Scheurer  
(253) 221-7059  
Email: [vernene.scheurer@gmail.com](mailto:vernene.scheurer@gmail.com)

### **Director Zone 4**

Alisha Anunson  
(360) 271-7302  
Email : [alishaanunson@gmail.com](mailto:alishaanunson@gmail.com)

### **Director Zone 5**

Cynthia McManus  
(907) 632-8899  
Email: [mcmom37@yahoo.com](mailto:mcmom37@yahoo.com)

### **Director Zone 6**

Sally Dwyer  
(907) 772-4453  
Email: [sallydw1942@gmail.com](mailto:sallydw1942@gmail.com)

### **International Board Director**

Chris Hicks  
(425) 766-3537  
Email: [ChrisD2SofN@outlook.com](mailto:ChrisD2SofN@outlook.com)

### **International Board Vice Chair**

Mark Agerter  
(541) 729-2824  
Email: [markagerter@comcast.net](mailto:markagerter@comcast.net)

### **District 2 Facebook Page**

<https://www.facebook.com/groups/53491219856/>

### **District 2 Camp Website**

<http://www.sofncamps.com/>

### **District 2 Web Site**

<http://www.sonsofnorwayd2.org>

### **District 2 Flickr page**

<https://www.flickr.com/photos/130888324@N06/collections/>

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